

AFTS' GOALS

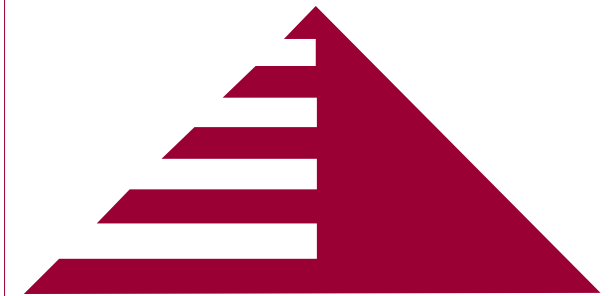
- ◆ *Prevent out of home placement*
- ◆ *Preserve the family unit*
- ◆ *Re-unite families*
- ◆ *Maintain family independence*
- ◆ *Reduce juvenile sex offenses*
- ◆ *Enhance individual well being*
- ◆ *Empower parental authority*

WE SERVE

- ◆ *At-risk youth and families*
- ◆ *Youth facing placement*
- ◆ *Youth placed in institutions, foster care and kinship care*
- ◆ *Families involved with Child Protective Services*
- ◆ *Youth involved with the Court*
- ◆ *Youth with Special Needs*

AFTS
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***Alternative
Family
Treatment
Services, Inc.***

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***Specializing in
Strengthening Family Life***

AFTS

Alternative Family Treatment Services (AFTS) maintains the philosophy of achieving parental competence while preventing placement. AFTS focuses on strengthening individual/family well-being.

AFTS recognizes and values that “family” is the best vehicle for nurturing the growth of its members. We offer a seamless, managed care delivery system.

Family Preservation Services

- ◆ Home Based Psycho–Social Assessment
- ◆ Crisis Intervention
- ◆ Mentoring
- ◆ Parent Training/Household Management
- ◆ Recreation/Socialization Skill Building
- ◆ Pre-Employment Training/Job Placement
- ◆ Anger Management
- ◆ Juvenile Sex Offender’s Treatment/Relapse Prevention Services
- ◆ Home Studies/ Parent Assessments
- ◆ Pre-G.E.D. Screening / Tutorial

Home Based Services Program (HBS)

Designed from a systems model using an ecological approach to encourage self-sufficiency of the youth and family in the community and promote family unity.

- ◆ Reduces out of home placements
- ◆ Aids in the transition of the child from placement
- ◆ Crisis Intervention/Family Counseling
- ◆ Individual Treatment Plans
- ◆ Ongoing Assessments
- ◆ Case Management / Resource Linkage
- ◆ Service Coordination/Collaboration

“My Buddy” (Mentoring) Program

Dual track therapeutic mentoring service designed to provide youth and families with direct support and skill building.

Parental Support Track

- ◆ Provides support and guidance through education, social learning and role modeling.

Recreational/Socialization Track

- ◆ Assists youth with skill building techniques.
- ◆ Assists the youth in using behavior management techniques.
- ◆ Promotes self-esteem through positive, structured activities and events.

“Life Skills” Program

Prepares youth with the skills and resources essential to live independently and transition into adulthood.

- ◆ 16 week skill building program
- ◆ Pre-employment skills/Job Search
- ◆ Money and household management
- ◆ Community resource linkage
- ◆ Academic/Career planning
- ◆ Decision making skills

Intensive Supervision Program

Provides family stabilization through problem solving techniques, crisis intervention and assisting families in developing better coping mechanisms to sustain youth in the community.

- ◆ Intensive monitoring/accountability
- ◆ Uses a Solution Focused Approach to resolve problems among family members
- ◆ Conflict resolution/crisis de-escalation
- ◆ Mobilize natural support systems and community resources
- ◆ Electronic Monitoring (if necessary)

Clinical Outpatient Program (OP)

Provides outpatient community mental health services through individual, group and family therapy. The program is administered by a licensed clinician. Treatment is provided in a structured office setting and promotes self-sufficiency in clients. AFTS’ “OP” program uses a managed care approach of providing psycho-social therapies.

- ◆ Individual, Family and Group Counseling
- ◆ “Competency Based Model”

Anger Management Program

Provides individual and group therapy to youth in order to decrease violent behavior. Reduces violence through cognitive behavioral therapy.

- ◆ Uses “Here and Now” approach to eradicate the beliefs and attitudes that support violence.
- ◆ Identify Cycle of Violence, teach coping and decision-making strategies to resolve conflict

G.E. D./Tutorial Program

Designed to provide youth, ages 16-20, seeking a GED, with an educational assessment as they prepare for the final examination.

- ◆ Provide one on one tutoring where needed
- ◆ Provide community linkage to educational programs and resources
- ◆ Increase competency in all academic areas

Home Study Program

Designed to provide thorough assessments of homes and parents who are being considered for child placement.

- ◆ Interviews with entire family including extended family using an ecological approach
- ◆ Parent Assessment provided by Masters Level Clinicians