

***JSOP/JSORPP  
OBJECTIVES***

- ◆ Full disclosure of participation in sexual abuse or victimization
- ◆ Accept responsibility for his/her behavior
- ◆ Exhibit victim's empathy
- ◆ Demonstrate an understanding of his/her abuse and trauma cycles, cognitive distortions, and triggers
- ◆ Verbalize their practice of healthy sexual behaviors
- ◆ Family will demonstrate an understanding of the abuse cycle and triggers
- ◆ Identify patterns of harmful behaviors
- ◆ Establish a Corrective Action Plan for an "ABUSE FREE LIFESTYLE"
- ◆ Accept supervision from family and linked to community resources

**For Referrals contact:**

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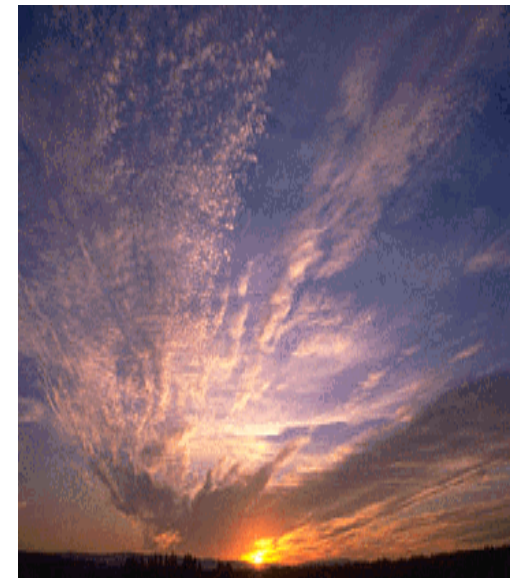
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***Alternative  
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***"New Beginnings"***



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## JUVENILE SEX OFFENDERS PROGRAM

(JSOP)

The missions of the *Juvenile Sex Offender Treatment Program (JSOP)* and the *Juvenile Sex Offender Relapse Prevention Program (JSORPP)* are to provide individual, family and group therapy services to juvenile sex offenders in the least restrictive setting possible while minimizing the chance of repeated sex offenses in the home or community. In addition, goals are to ensure community safety, teach responsibility, monitor client's action plans, identify triggers and teach healthy sexual behavior to offenders. All services are provided with safety of prior victims and potential future victims of the offender as primary considerations.

### SERVICES

AFTS' offender treatment counselors are available 24 hours a day to provide crisis management. Core services include conducting a thorough sex offender assessment, and the provision of individual, group, and family therapy designed to assess and address the level of denial on the part of the client and family members concerning the offense or sexually compulsive behaviors.

The treatment process for the intensive *Juvenile Sex Offender Program (JSOP)* usually lasts from twelve to eighteen months and comprises of the following elements:

### SERVICE ELEMENTS

**Psychosexual Assessment** - is conducted by a CSOTP and utilized to determine the offender's amenability to treatment, degree of denial, level of disclosure, presenting treatment needs, identified risks, safety factors and treatment recommendations.

**Individual and Group Therapies** - utilizes individual and group therapies to provide offenders with education on sex offender issues and facilitate insight and awareness of their specific issues relative to sexual offending.

**Family Therapy** - is utilized to educate families about sex offender issues; to explore the dynamics of the family that relate to the thoughts, feelings and behavior of the offender; and to assist the family to understand relapse triggers and develop safety planning for the family and the community.

**Home Based Services** - utilized as an integral part of sex offender treatment. Follow up of issues identified during the individual and group sessions are discussed and interventions are applied to create teachable moments to maintain an abuse free lifestyle.

**Multiple Family Support Group** - conducted monthly to provide a forum for the families of sex offenders to find support and assistance from each other concerning a commonality that is difficult to discuss outside the context of the family. In addition, linkage to community resources is given to provide additional support to the offender and parents.

## JUVENILE SEX OFFENDERS RELAPSE PREVENTION PROGRAM (JSORPP) "NEW BEGINNINGS"

The *JSORPP* serves to review and explore the offender's depth of understanding and integration of their previous sex offender treatment in the context of their return to the community and family. The duration of treatment is three to six months. The focus on the offender and the inclusion of their family in the treatment process is intense, and the offender's development and practice of the use of the relapse prevention management skills are crucial. *JSORPP* consist of four phases of treatment with emphasis on the offender's corrective action plan for an "Abuse Free Lifestyle."

- Phase I.** Therapeutic Engagement/  
Accepting Responsibility
- Phase II.** Trauma and Abuse Cycle/  
Patterns of Harmful  
Behavior
- Phase III.** Victim's Empathy/Healthy  
Sexuality/ Values/ Morality
- Phase IV.** Corrective Action Plan/  
Triggers/ Community Linkage

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